

Liability Release for Swimming Lessons

Swimming lessons are a fun way to stay active, learn lifesaving water skills and work on perfecting technique, however there are potential risks involved in the participation of these lessons. As with all physical activity, tiredness, musculoskeletal injury (sprains, strains), aggravation of medical conditions or in extreme cases, temperature related emergencies (heat exhaustion, heat stroke, hypothermia) or cardiorespiratory events (heart attack, stroke) may occur. In addition, being in the water presents the risk of water inhalation, pool chemical irritation of the skin or eyes and drowning.

Lessons will be led by certified swim and lifesaving instructors carrying additional National Lifeguard and Standard First Aid with CPR-C certifications. Lessons will be delivered in accordance to their training, as will first aid, should the need arise. Though carefully supervised, accidents and/or injury may still occur.

By signing below, I, on behalf of the participants, confirm that I understand the risks associated with swimming lessons and that I voluntarily assume those risks. Furthermore, we will not hold our Swim With M.E. instructor accountable for any injury or medical problem encountered during or in connection to swimming lessons.

(participants names, printed)

I HAVE CAREFULLY READ THE ABOVE AND FULLY UNDERSTAND ITS CONTENTS.
I AM AWARE THAT THIS IS A RELEASE OF LIABILITY AND I SIGN IT OF MY FREE
WILL.

(name, printed)

(signature)

(date)

(witness name, printed)

(witness signature)

(date)